



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Wacker, Andreas

□□□: 4:47:19

□□: RSC Rot Gold Bremen

□□: 20.47 km/h

□□: 19

□□: 98.00 km

□□□□□/□□□: 11 (of 29)

Langdistanz

□□□□□/□: 11 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 5(of 11)

Senioren I

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	31:15	21.12	3	1:41	7	3:53	11.10	31:15	21.12	5	1:41	16	
Donnershagen (\	16.00	49:26	19.42	3	3:51	7	6:55	27.10	1:20:41	20.08	5	5:32	16	
Turm Silberborn	16.40	46:54	20.47	7	4:41	16	7:28	43.50	2:07:35	20.22	5	10:13	16	
Haus des Gastes	5.50	10:08	29.61	5	0:34	14	0:56	49.00	2:17:43	21.35	5	10:40	16	
Steinborn (VP1)	11.10	36:33	18.06	5	6:14	14	8:56	60.10	2:54:16	20.66	5	16:54	16	
Donnershagen (\	16.00	54:24	17.65	5	5:16	11	10:56	76.10	3:48:40	19.94	5	22:10	16	
Turm Silberborn	16.40	48:32	19.78	4	3:44	9	9:25	92.50	4:37:12	19.91	5	25:54	16	
□□	5.50	10:07	29.65	2	0:43	5	0:43	98.00	4:47:19	20.47	5	25:32	11	48:29