



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Wacker, Andreas

□□□: 4:47:19

□□: RSC Rot Gold Bremen

□□: 20.47 km/h

□□: 19

□□: 98.00 km

□□□□□/□□□: 11 (of 29)

Langdistanz

□□□□□/□: 11 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 5(of 11)

Senioren I

□□□□□□□: 4:21:47

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Steinborn (VP1) | 11.10 | 31:15 | 21.12 | 3 | 1:41 | 7 | 3:53 | 11.10 | 31:15 | 21.12 | 5 | 1:41 | 16 | |
| Donnershagen (\ | 16.00 | 49:26 | 19.42 | 3 | 3:51 | 7 | 6:55 | 27.10 | 1:20:41 | 20.08 | 5 | 5:32 | 16 | |
| Turm Silberborn | 16.40 | 46:54 | 20.47 | 7 | 4:41 | 16 | 7:28 | 43.50 | 2:07:35 | 20.22 | 5 | 10:13 | 16 | |
| Haus des Gastes | 5.50 | 10:08 | 29.61 | 5 | 0:34 | 14 | 0:56 | 49.00 | 2:17:43 | 21.35 | 5 | 10:40 | 16 | |
| Steinborn (VP1) | 11.10 | 36:33 | 18.06 | 5 | 6:14 | 14 | 8:56 | 60.10 | 2:54:16 | 20.66 | 5 | 16:54 | 16 | |
| Donnershagen (\ | 16.00 | 54:24 | 17.65 | 5 | 5:16 | 11 | 10:56 | 76.10 | 3:48:40 | 19.94 | 5 | 22:10 | 16 | |
| Turm Silberborn | 16.40 | 48:32 | 19.78 | 4 | 3:44 | 9 | 9:25 | 92.50 | 4:37:12 | 19.91 | 5 | 25:54 | 16 | |
| □□ | 5.50 | 10:07 | 29.65 | 2 | 0:43 | 5 | 0:43 | 98.00 | 4:47:19 | 20.47 | 5 | 25:32 | 11 | 48:29 |