



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

□□□□

Deike, Christian

□□□: 4:53:54

□□: Prowell Team Harzblut

□□: 20.01 km/h

□□: 4

□□: 98.00 km

□□□□□/□□□: 12 (of 29)

Langdistanz

□□□□□/□: 12 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 6(of 11)

Masters männlich

□□□□□□□: 4:21:47

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Steinborn (VP1) | 11.10 | 33:45 | 19.73 | 5 | 4:10 | 11 | 6:23 | 11.10 | 33:45 | 19.73 | 8 | | 1 | - |
| Donnershagen (\ | 16.00 | 50:40 | 18.95 | 5 | 5:07 | 11 | 8:09 | 27.10 | 1:24:25 | 19.26 | 8 | | 1 | - |
| Turm Silberborn | 16.40 | 44:34 | 22.08 | 4 | 2:21 | 8 | 5:08 | 43.50 | 2:08:59 | 20.24 | 7 | | 1 | - |
| Haus des Gastes | 5.50 | 9:47 | 33.73 | 4 | 0:35 | 10 | 0:35 | 49.00 | 2:18:46 | 21.19 | 6 | 11:45 | 15 | |
| Steinborn (VP1) | 11.10 | 35:29 | 18.77 | 5 | 5:07 | 12 | 7:52 | 60.10 | 2:54:15 | 20.69 | 6 | 16:52 | 15 | |
| Donnershagen (\ | 16.00 | 59:02 | 16.26 | 6 | 9:57 | 15 | 15:34 | 76.10 | 3:53:17 | 19.57 | 6 | 26:49 | 15 | 2:29 |
| Turm Silberborn | 16.40 | 50:03 | 19.66 | 6 | 5:11 | 12 | 10:56 | 92.50 | 4:43:20 | 19.59 | 6 | 32:00 | 15 | |
| □□ | 5.50 | 10:34 | 31.23 | 6 | 0:42 | 12 | 1:10 | 98.00 | 4:53:54 | 20.01 | 6 | 32:07 | 12 | 55:04 |