



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Deike, Christian

□□□: 4:53:54

□□: Prowell Team Harzblut

□□: 20.01 km/h

□□: 4

□□: 98.00 km

□□□□□/□□□: 12 (of 29)

Langdistanz

□□□□□/□: 12 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 6(of 11)

Masters männlich

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	33:45	19.56	5	4:10	11	6:23	11.10	33:45	19.56	8		1	-
Donnershagen (\	16.00	50:40	18.95	5	5:07	11	8:09	27.10	1:24:25	19.19	8		1	-
Turm Silberborn	16.40	44:34	21.54	4	2:21	8	5:08	43.50	2:08:59	20.00	7		1	-
Haus des Gastes	5.50	9:47	30.66	4	0:35	10	0:35	49.00	2:18:46	21.19	6	11:45	15	
Steinborn (VP1)	11.10	35:29	18.60	5	5:07	12	7:52	60.10	2:54:15	20.66	6	16:52	15	
Donnershagen (\	16.00	59:02	16.26	6	9:57	15	15:34	76.10	3:53:17	19.55	6	26:49	15	2:29
Turm Silberborn	16.40	50:03	19.18	6	5:11	12	10:56	92.50	4:43:20	19.48	6	32:00	15	
□□	5.50	10:34	28.39	6	0:42	12	1:10	98.00	4:53:54	20.01	6	32:07	12	55:04