



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Depping, Andreas

□□□: 5:17:02

□□: Bike-Sport-Lippe

□□: 18.55 km/h

□□: 5

□□: 98.00 km

□□□□□/□□□: 16 (of 29)

Langdistanz

□□□□□/□: 16 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 7(of 11)

Senioren I

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	35:45	18.46	8	6:11	18	8:23	11.10	35:45	18.46	7	6:11	11	2:00
Donnershagen (\	16.00	51:44	18.56	6	6:09	13	9:13	27.10	1:27:29	18.52	7	12:20	11	3:04
Turm Silberborn	16.40	46:50	20.50	6	4:37	15	7:24	43.50	2:14:19	19.21	7	16:57	11	5:20
Haus des Gastes	5.50	10:57	27.40	9	1:23	18	1:45	49.00	2:25:16	20.24	7	18:13	11	3:14
Steinborn (VP1)	11.10	38:27	17.17	7	8:08	17	10:50	60.10	3:03:43	19.60	7	26:21	11	7:16
Donnershagen (\	16.00	1:05:19	14.70	8	16:11	19	21:51	76.10	4:09:02	18.31	7	42:32	11	18:14
Turm Silberborn	16.40	57:32	16.69	8	12:44	19	18:25	92.50	5:06:34	18.01	7	55:16	11	23:10
□□	5.50	10:28	28.66	4	1:04	9	1:04	98.00	5:17:02	18.55	7	55:15	16	1:18:12