



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

□□□□

Team Spartathlon

□□: Team Spartathlon

□□: 2001

□□: 160.90 km

100MeilenBerlin

□□□□:

Staffel 2x 80km

□□□: 13:23:57

□□: 11.94 km/h

□□□□: 5:00 min/km

□□□□□/□□□: 1 (of 12)

□□□□□/□□□: 1 (of 12)

□□□□□□: 13:23:57

□□□□□: 1(of 2)

□□□□□□□: 13:23:57

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
km 6,28 Gedenk:	6.28	31:44	5:03	1	-	1	-	6.28	31:44	5:03	1	-	1	-
km 11,32 Behms	5.04	26:07	5:10	1	-	3	0:31	11.32	57:51	5:06	1	-	3	0:21
km 22,10 Lübars	10.78	50:40	4:42	1	-	1	-	22.10	1:48:31	4:54	1	-	1	-
km 32,52 Naturs	10.42	46:29	4:27	1	-	1	-	32.52	2:35:00	4:45	1	-	1	-
km 43,36 Ruderc	10.84	48:00	4:25	1	-	1	-	43.36	3:23:00	4:40	1	-	1	-
km 55,35 Schönv	11.99	51:59	4:20	1	-	1	-	55.35	4:14:59	4:36	1	-	1	-
km 68,07 Garten	12.72	57:45	4:32	1	-	1	-	68.07	5:12:44	4:35	1	-	1	-
km 80,53 Schloß	12.46	59:32	4:46	1	-	1	-	80.53	6:12:16	4:37	1	-	1	-
km 99,65 Geden	19.12	1:24:43	4:25	1	-	1	-	99.65	7:36:59	4:35	1	-	1	-
km 112,75 Sport	13.10	1:19:07	6:02	1	-	2	1:08	112.75	8:56:06	4:45	1	-	1	-
km 124,92 Lichte	12.17	1:05:16	5:21	1	-	3	10:45	124.92	10:01:22	4:48	1	-	1	-
km 134,98 Buck	10.06	54:39	5:25	1	-	3	10:05	134.98	10:56:01	4:51	1	-	1	-
Test	9.89	1:00:02	6:04	1	-	1	-	144.87	11:56:03	4:56	1	-	1	-
Stadion Lobeckst	16.03	1:27:54	5:29	1	-	1	-	160.90	13:23:57	4:59	1	-	1	-