



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Team Laufvogel

□□: Team Laufvogel

□□: 2002

□□: 160.90 km

100MeilenBerlin

□□□□:

Staffel 2x 80km

□□□: 27:53:05

□□: 5.77 km/h

□□□□: 10:24 min/km

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□□□□□/□□□: 12 (of 12)

□□□□□□: 13:23:57

□□□□□: 2(of 2)

□□□□□□□: 13:23:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
km 6,28 Gedenk:	6.28	46:32	7:24	2	14:48	12	14:48	6.28	46:32	7:24	2	14:48	12	14:48
km 11,32 Behms	5.04	34:11	6:46	2	8:04	12	8:35	11.32	1:20:43	7:07	2	22:52	12	23:13
km 22,10 Lübars	10.78	1:13:32	6:49	2	22:52	8	22:52	22.10	2:34:15	6:58	2	45:44	10	45:44
km 32,52 Naturs	10.42	1:15:46	7:16	2	29:17	9	29:17	32.52	3:50:01	7:04	2	1:15:01	10	1:15:01
km 43,36 Ruderc	10.84	1:33:17	8:36	2	45:17	12	45:17	43.36	5:23:18	7:27	2	2:00:18	12	2:00:18
km 55,35 Schönv	11.99	1:38:53	8:14	2	46:54	12	46:54	55.35	7:02:11	7:37	2	2:47:12	12	2:47:12
km 68,07 Garten	12.72	2:10:45	10:16	2	1:13:00	11	1:13:00	68.07	9:12:56	8:07	2	4:00:12	12	4:00:12
km 80,53 Schloß	12.46	2:30:07	12:02	2	1:30:35	11	1:30:35	80.53	11:43:03	8:43	2	5:30:47	12	5:30:47
km 99,65 Geden	19.12	2:50:44	8:55	2	1:26:01	11	1:26:01	99.65	14:33:47	8:46	2	6:56:48	12	6:56:48
km 112,75 Sport	13.10	3:00:42	13:47	2	1:41:35	12	1:42:43	112.75	17:34:29	9:21	2	8:38:23	12	8:38:23
km 124,92 Lichte	12.17	2:12:50	10:54	2	1:07:34	11	1:18:19	124.92	19:47:19	9:30	2	9:45:57	12	9:45:57
km 134,98 Buck	10.06	2:34:08	15:19	2	1:39:29	12	1:49:34	134.98	22:21:27	9:56	2	11:25:26	12	11:25:26
Test	9.89	2:23:53	14:32	2	1:23:51	12	1:23:51	144.87	24:45:20	10:15	2	12:49:17	12	12:49:17
Stadion Lobeckst	16.03	3:07:45	11:42	2	1:39:51	11	1:39:51	160.90	27:53:05	10:23	2	14:29:08	12	14:29:08