



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Reuter, Berthold

□□□: 20:42:34

□□: ostrach

□□: 7.73 km/h

□□: 179

□□□□: 7:43 min/km

□□: 160.90 km

□□□□□/□□□□: 28 (of 221)

100MeilenBerlin

□□□□□/□: 25 (of 193)

□□□□□□: 15:53:45

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□□□□□: 4(of 28)

Senioren M55 (55-59 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	45:31	7:14	20	9:32	147	12:11	6.28	45:31	7:14	20	9:32	147	12:11	
km 11,32 Behms	5.04	34:25	6:49	19	6:38	136	9:43	11.32	1:19:56	7:03	20	12:02	142	21:54	
km 22,10 Lübars	10.78	1:14:32	6:54	18	23:36	125	23:36	22.10	2:34:28	6:59	17	35:14	128	41:17	
km 32,52 Naturs	10.42	1:13:37	7:03	10	21:28	105	21:51	32.52	3:48:05	7:00	13	56:42	116	58:35	
km 43,36 Ruderc	10.84	1:13:59	6:49	6	21:11	56	21:11	43.36	5:02:04	6:57	10	1:17:53	103	1:17:53	
km 55,35 Schönv	11.99	1:22:34	6:53	6	21:33	62	22:17	55.35	6:24:38	6:56	9	1:39:26	88	1:40:10	
km 68,07 Garten	12.72	1:36:39	7:35	4	22:46	53	23:42	68.07	8:01:17	7:04	8	2:02:12	75	2:03:08	
km 80,53 Schloß	12.46	1:44:00	8:20	9	25:57	62	32:57	80.53	9:45:17	7:16	8	2:28:09	75	2:28:09	
km 99,65 Geden	19.12	1:44:43	5:28	1	-	1	-	99.65	11:30:00	6:55	4	2:14:58	40	2:14:58	
km 112,75 Sport	13.10	2:26:10	11:09	12	55:36	115	2:19:18	112.75	13:56:10	7:24	6	3:10:34	47	3:19:41	
km 124,92 Lichte	12.17	1:54:04	9:22	3	27:00	33	35:18	124.92	15:50:14	7:36	6	3:37:34	46	3:53:24	
km 134,98 Buck	10.06	1:21:21	8:05	4	4:32	23	23:52	134.98	17:11:35	7:38	4	3:42:06	40	4:10:52	
Test	9.89	1:23:57	8:29	2	6:14	12	21:10	144.87	18:35:32	7:42	4	3:48:20	33	4:31:39	
Stadion Lobeckst	16.01	2:07:02	7:56	1	-	10	17:10	160.90	20:42:34	7:43	4	2:59:00	25	4:48:49	