



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

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Nützsche, Olaf

□□□: 2:08:55

□□: Focus RAPIRO racing

□□: 28.39 km/h

□□: 411

□□: 61.20 km

□□□□□/□□□: 9 (of 28)

Langdistanz Lizenz

□□□□□/□: 9 (of 28)

□□□□□□: 2:02:10

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□□□□□: 1(of 8)

Senioren I

□□□□□□□: 2:08:55

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	33:45	28.44	1	-	7	0:36	16.30	33:45	28.44	1	-	19	
□□ 2	20.40	42:57	27.94	1	-	6	3:06	36.70	1:16:42	28.16	1	-	19	
□□ 3	20.40	44:18	27.09	1	-	8	3:08	57.10	2:01:00	28.26	1	-	17	
□□□ □□	4.10	7:55	30.32	3	0:51	4	0:51	61.20	2:08:55	28.39	1	-	9	6:45