



7. Lönskrug \"Warm-up-Marathon\"  
 Hellental (Gemeinde Heinade) / 06.04.2014

□□□□

Thies, Florian

□□□: 2:22:59

□□: Mtb11.de Tuspo Weende Göttingen

□□: 25.60 km/h

□□: 401

□□: 61.20 km

□□□□□/□□□: 7 (of 30)

Langdistanz

□□□□□/□: 7 (of 27)

□□□□□□: 2:09:18

□□□□:

□□□□□: 1(of 3)

Herren

□□□□□□□: 2:22:59

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| □□□    | □□    | □□    | □□    | □□ | □□   | □□ | □□    | □□□   | □□□     | □□□   | □□ | □□ | □□ | □□    |
|--------|-------|-------|-------|----|------|----|-------|-------|---------|-------|----|----|----|-------|
|        | km    | □□    | km/h  | -  | -    | □  | □     | km    | □□      | km/h  | -  | -  | □  | □     |
| □□ 1   | 16.30 | 37:10 | 25.83 | 1  | -    | 7  | 3:30  | 16.30 | 37:10   | 25.83 | 1  | -  | 21 |       |
| □□ 2   | 20.40 | 47:32 | 25.25 | 1  | -    | 8  | 47:28 | 36.70 | 1:24:42 | 25.50 | 1  | -  | 21 |       |
| □□ 3   | 20.40 | 48:37 | 24.68 | 1  | -    | 3  | 4:22  | 57.10 | 2:13:19 | 25.65 | 1  | -  | 20 |       |
| □□□ □□ | 4.10  | 9:40  | 24.83 | 2  | 0:47 | 10 | 1:17  | 61.20 | 2:22:59 | 25.60 | 1  | -  | 7  | 13:41 |