7. Lönskrug \"Warm-up-Marathon\"

Hellental (Gemeinde Heinade) / 06.04.2014

□□□□

Lorenz, Mirko

□□: Team 2-Rad Brüne
□□: 262

□□: 61.20 km
Langdistanz

□□□□:
Masters männlich

□□□: 3:02:42
□□: 20.03 km/h

□□□□□/□□□: 26 (of 30)
□□□□□/□: 25 (of 27)
□□□□□□: 2:09:18

□□□□□: 8(of 8)
□□□□□□□: 2:17:29

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	46:32	20.63	8	10:26	26	12:52	16.30	46:32	20.63	8	10:26	2	7:47
□□ 2	20.40	1:01:13	19.60	8	15:42	26	1:01:09	36.70	1:47:45	20.05	8	26:07	2	17:49
□□ 3	20.40	1:02:58	19.06	8	16:04	25	18:43	57.10	2:50:43	20.03	8	42:11	2	28:31
□□□ □□	4.10	11:59	20.03	8	3:17	24	3:36	61.20	3:02:42	20.03	8	45:13	25	53:24