



7.Via Solutions Wartburg Staffellauf 2014

Auf dem Pumpälzweg zur Wartburg und zurück / 13.09.2014

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Team Kä-Gü-Ki-Ki-Kn

□□□: 4:57:03

□□: 27

□□: 11.03 km/h

□□□□: 5:26 min/km

□□: 54.60 km

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VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

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□□□□□□: 3:53:10

□□□□:

□□□□□: 7(of 11)

Männerstaffel Lauf

□□□□□□□: 3:53:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Gumpelstadt Hin	10.80	56:03	5:11	7	13:26	7	13:26	10.80	56:03	5:11	7	13:26	7	13:26
Gumpelstadt Rüc	11.40	48:14	4:13	5	5:16	5	5:16	22.20	1:44:17	4:41	7	18:42	7	18:42
Hubertushaus	10.80	1:08:16	6:19	10	19:23	10	19:23	33.00	2:52:33	5:13	7	38:05	7	38:05
Wartburg	10.80	1:03:07	5:50	9	16:04	9	16:04	43.80	3:55:40	5:22	7	52:39	7	52:39
Hubertushaus	10.80	1:01:23	5:41	6	11:14	6	11:14	54.60	4:57:03	5:26	7	1:03:53	7	1:03:53