



□□□□

Pasda, Clemens

□□: USV Jena

□□□: 1:01:16

□□□□: 9:36 min/km

□□: 6.38 km / 13 □□

□□□□:

Herren ab 50

□□□□□: 8(of 29)

□□□□□□□: 51:58

□□: 9:18

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (36)	3:38	14	0:45	26.0	3:38	14	0:45	26.0
2 (47)	5:11	16	1:35	44.0	8:49	13	2:06	31.3
3 (44)	1:31	17	0:49	116.7	10:20	12	2:24	30.3
4 (32)	8:01	22	3:35	80.8	18:21	16	5:31	43.0
5 (34)	4:33	18	1:19	40.7	22:54	16	6:43	41.5
6 (56)	11:27	7	2:12	23.8	34:21	12	8:05	30.8
7 (71)	3:08	3	0:15	8.7	37:29	9	8:20	28.6
8 (63)	3:15	9	0:49	33.6	40:44	8	9:09	29.0
9 (62)	3:35	14	1:12	50.4	44:19	9	7:59	22.0
10 (67)	2:13	10	0:47	54.7	46:32	9	7:43	19.9
11 (77)	3:03	9	0:54	41.9	49:35	8	8:37	21.0
12 (76)	7:14	9	0:56	14.8	56:49	8	8:56	18.7
13 (75)	3:42	8	0:58	35.4	1:00:31	8	9:18	18.2
□□	0:45	3	0:03	7.1	1:01:16	8	9:18	17.9