



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

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JAHN, Steffen

00: VS Hönow
00: 1301

00: 21.10 km
Halbmarathon Nordic-Walking

0000:
Nordic Walking Männer

000: 3:53:08

00: 5.40 km/h

00000/000: 8 (of 8)

00000/0: 3 (of 3)

000000: 2:48:49

00000: 3(of 3)

0000000: 2:48:49

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
00 1	10.60	1:53:33	5.28	3	29:18	3	29:18	10.60	1:53:33	5.28	3	29:18	3	29:18
000 Inselhalle	10.50	1:59:35	5.02	3	35:01	3	35:01	21.10	3:53:08	5.40	3	1:04:19	3	1:04:19