



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

0000

WÜRBS, Kai

000: 18:28:15

00: (ohne)

00: 8.72 km/h

00: 149

0000: 6:51 min/km

00: 161.70 km

00000/0000: 83 (of 459)

100MeilenBerlin

00000/0: 30 (of 302)

000000: 13:39:56

0000:

00000: 7(of 85)

Senioren M45 (45-49 Jahre)

0000000: 15:47:54

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Wilhelmsru	6.94	41:49	6:01	18	8:25	64	10:48	6.94	41:49	6:01	18	8:25	64	10:48
VP2 - Laufftreff Li	5.69	34:37	6:05	20	7:22	66	10:32	12.63	1:16:26	6:03	17	15:47	64	21:20
VP3 - Oranienbur	5.74	33:21	5:48	26	7:32	73	9:15	18.37	1:49:47	5:58	22	23:19	68	30:35
VP4 - Naturschut	4.70	29:40	6:18	13	4:33	48	7:14	23.07	2:19:27	6:02	19	27:52	62	37:49
VP5 - Frohnau	6.80	40:16	5:55	18	7:02	62	11:21	29.87	2:59:43	6:00	21	33:55	66	49:10
VP6 - Ruderclub	4.06	26:34	6:32	15	5:05	54	8:27	33.93	3:26:17	6:04	17	39:00	57	57:34
VP7 - Grenzturm	4.75	28:10	5:55	10	4:06	41	6:27	38.68	3:54:27	6:03	16	43:06	55	1:04:01
VP8 - Schönwald	7.52	45:52	6:05	15	6:25	52	10:02	46.20	4:40:19	6:04	16	48:39	56	1:13:39
VP9 - Falkenseer	5.76	35:20	6:08	7	2:56	33	7:00	51.96	5:15:39	6:04	13	51:30	48	1:20:11
VP10 - Karolinenl	6.54	41:38	6:21	10	6:34	39	9:26	58.50	5:57:17	6:06	12	57:07	44	1:29:37
VP11 - Pagel & Fi	4.90	31:44	6:28	10	3:50	40	8:41	63.40	6:29:01	6:08	12	1:00:57	44	1:38:18
VP12 - Schloss S	7.62	49:26	6:29	8	5:55	31	12:33	71.02	7:18:27	6:10	11	1:03:27	43	1:50:51
VP13 - Revierförs	6.21	39:44	6:23	6	3:59	27	10:54	77.23	7:58:11	6:11	11	1:05:11	42	2:01:45
VP14 - Brauhaus	6.00	36:28	6:04	7	3:27	25	7:55	83.23	8:34:39	6:11	9	1:07:34	39	2:09:40
VP15 - Gedenkst.	6.90	42:41	6:11	7	3:07	31	9:46	90.13	9:17:20	6:11	9	1:10:11	38	2:19:26
VP16 - Königswe	6.87	45:45	6:39	4	4:06	19	11:00	97.00	10:03:05	6:13	7	1:10:35	35	2:30:26
VP17 - Sportplatz	6.20	47:35	7:40	8	9:48	28	13:50	103.20	10:50:40	6:18	7	1:15:31	33	2:44:16
VP18 - Osdorfer	6.50	42:33	6:32	4	4:44	23	8:06	109.70	11:33:13	6:19	7	1:15:09	32	2:50:05
VP19 - Lichtenra	5.70	42:31	7:27	4	4:37	21	8:21	115.40	12:15:44	6:22	7	1:14:37	31	2:56:39
VP20 - Kirchhain	4.37	26:44	6:07	6	4:53	19	7:54	119.77	12:42:28	6:21	7	1:18:21	30	3:04:33
VP21 - Buckow	6.43	42:59	6:41	5	7:55	25	9:23	126.20	13:25:27	6:22	7	1:23:40	30	3:13:56
VP22 - Rudow	4.90	-	-	64	-	225	-	131.10	13:25:27	6:08	5	53:27	21	2:47:57
VP23 - Johannistl	5.90	1:22:33	13:59	56	47:31	199	50:58	137.00	14:48:00	6:28	7	1:40:58	28	3:38:55
VP24 - Dammwe	5.70	46:11	8:06	14	11:55	39	15:00	142.70	15:34:11	6:32	7	1:52:53	29	3:53:26
VP25 - East Side	5.80	51:27	8:52	10	10:56	34	14:30	148.50	16:25:38	6:38	7	2:03:49	29	4:05:25
VP26 - Checkpoir	5.28	41:39	7:53	32	16:36	100	20:06	153.78	17:07:17	6:40	7	2:20:25	30	4:23:01
VP27 - Gedenkst.	3.32	37:10	11:11	15	9:42	48	12:33	157.10	17:44:27	6:46	7	2:26:06	29	4:33:24
Friedrich-Ludwig	4.60	43:48	9:31	29	14:19	96	19:36	161.70	18:28:15	6:51	7	2:40:21	30	4:48:19