



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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BOSCH, Jörg

□□: Team Erdinger Alkoholfrei

□□: 223

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 19:21:02

□□: 8.32 km/h

□□□□: 7:11 min/km

□□□□□/□□□□: 100 (of 459)

□□□□□/□: 38 (of 302)

□□□□□□: 13:39:56

□□□□□: 11(of 85)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	39:26	5:40	13	6:02	49	8:25	6.94	39:26	5:40	13	6:02	49	8:25
VP2 - Laufftreff Li	5.69	33:58	5:58	14	6:43	53	9:53	12.63	1:13:24	5:48	13	12:45	47	18:18
VP3 - Oranienbur	5.74	33:07	5:46	24	7:18	70	9:01	18.37	1:46:31	5:47	13	20:03	49	27:19
VP4 - Naturschut	4.70	30:12	6:25	17	5:05	56	7:46	23.07	2:16:43	5:55	13	25:08	49	35:05
VP5 - Frohnau	6.80	41:01	6:01	24	7:47	74	12:06	29.87	2:57:44	5:57	13	31:56	54	47:11
VP6 - Ruderclub	4.06	26:36	6:33	16	5:07	55	8:29	33.93	3:24:20	6:01	12	37:03	50	55:37
VP7 - Grenzturm	4.75	29:32	6:13	18	5:28	63	7:49	38.68	3:53:52	6:02	13	42:31	50	1:03:26
VP8 - Schönwald	7.52	47:55	6:22	26	8:28	75	12:05	46.20	4:41:47	6:05	17	50:07	59	1:15:07
VP9 - Falkenseer	5.76	37:23	6:29	16	4:59	51	9:03	51.96	5:19:10	6:08	18	55:01	60	1:23:42
VP10 - Karolinenl	6.54	43:10	6:36	13	8:06	49	10:58	58.50	6:02:20	6:11	17	1:02:10	56	1:34:40
VP11 - Pagel & Fi	4.90	32:45	6:41	16	4:51	52	9:42	63.40	6:35:05	6:13	17	1:07:01	55	1:44:22
VP12 - Schloss S	7.62	52:58	6:57	18	9:27	49	16:05	71.02	7:28:03	6:18	17	1:13:03	52	2:00:27
VP13 - Revierförs	6.21	41:18	6:39	9	5:33	33	12:28	77.23	8:09:21	6:20	16	1:16:21	50	2:12:55
VP14 - Brauhaus	6.00	38:10	6:21	9	5:09	34	9:37	83.23	8:47:31	6:20	14	1:20:26	46	2:22:32
VP15 - Gedenkst.	6.90	44:03	6:23	10	4:29	39	11:08	90.13	9:31:34	6:20	13	1:24:25	45	2:33:40
VP16 - Königswe	6.87	56:04	8:09	25	14:25	74	21:19	97.00	10:27:38	6:28	14	1:35:08	46	2:54:59
VP17 - Sportplatz	6.20	50:38	8:09	10	12:51	32	16:53	103.20	11:18:16	6:34	12	1:43:07	45	3:11:52
VP18 - Osdorfer	6.50	47:39	7:19	12	9:50	46	13:12	109.70	12:05:55	6:37	12	1:47:51	42	3:22:47
VP19 - Lichtenra	5.70	44:43	7:50	9	6:49	33	10:33	115.40	12:50:38	6:40	9	1:49:31	39	3:31:33
VP20 - Kirchhain	4.37	41:06	9:24	50	19:15	148	22:16	119.77	13:31:44	6:46	11	2:07:37	41	3:53:49
VP21 - Buckow	6.43	47:17	7:21	13	12:13	41	13:41	126.20	14:19:01	6:48	10	2:17:14	40	4:07:30
VP22 - Rudow	4.90	43:19	8:50	26	13:06	76	17:20	131.10	15:02:20	6:52	10	2:30:20	40	4:24:50
VP23 - Johannistl	5.90	47:03	7:58	13	12:01	43	15:28	137.00	15:49:23	6:55	10	2:42:21	40	4:40:18
VP24 - Dammwe	5.70	47:28	8:19	15	13:12	46	16:17	142.70	16:36:51	6:59	12	2:55:33	40	4:56:06
VP25 - East Side	5.80	52:24	9:02	11	11:53	37	15:27	148.50	17:29:15	7:03	11	3:07:26	39	5:09:02
VP26 - Checkpoir	5.28	38:36	7:18	20	13:33	66	17:03	153.78	18:07:51	7:04	12	3:20:59	40	5:23:35
VP27 - Gedenkst.	3.32	36:18	10:56	14	8:50	42	11:41	157.10	18:44:09	7:09	13	3:25:48	41	5:33:06
Friedrich-Ludwig	4.60	36:53	8:01	15	7:24	52	12:41	161.70	19:21:02	7:10	11	3:33:08	38	5:41:06