



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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KRAYER, Bernd

□□□: 24:50:49

□□: TuS Breitscheid

□□: 6.48 km/h

□□: 250

□□□□: 9:13 min/km

□□: 161.70 km

□□□□□/□□□: 262 (of 459)

100MeilenBerlin

□□□□□/□: 158 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 18(of 46)

Senioren M55 (55-59 Jahre)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Wilhelmsru	6.94	45:29	6:33	9	14:28	139	14:28	6.94	45:29	6:33	9	14:28	139	14:28
VP2 - Laufftreff Li	5.69	37:14	6:32	10	13:09	124	13:09	12.63	1:22:43	6:32	9	27:37	136	27:37
VP3 - Oranienbur	5.74	37:01	6:26	11	12:55	153	12:55	18.37	1:59:44	6:31	10	40:32	140	40:32
VP4 - Naturschut	4.70	36:03	7:40	19	13:37	168	13:37	23.07	2:35:47	6:45	10	54:09	140	54:09
VP5 - Frohnau	6.80	44:47	6:35	12	15:52	138	15:52	29.87	3:20:34	6:42	10	1:10:01	141	1:10:01
VP6 - Ruderclub	4.06	28:25	6:59	4	10:15	90	10:18	33.93	3:48:59	6:44	9	1:20:16	132	1:20:16
VP7 - Grenzturm	4.75	35:02	7:22	21	13:19	171	13:19	38.68	4:24:01	6:49	9	1:33:35	137	1:33:35
VP8 - Schönwald	7.52	53:51	7:09	16	17:37	165	18:01	46.20	5:17:52	6:52	10	1:51:12	140	1:51:12
VP9 - Falkenseer	5.76	47:28	8:14	19	18:40	161	19:08	51.96	6:05:20	7:01	11	2:09:52	144	2:09:52
VP10 - Karolinenl	6.54	54:54	8:23	22	22:42	179	22:42	58.50	7:00:14	7:11	11	2:32:34	145	2:32:34
VP11 - Pagel & Fi	4.90	39:48	8:07	15	16:45	142	16:45	63.40	7:40:02	7:15	12	2:49:19	146	2:49:19
VP12 - Schloss S	7.62	1:08:50	9:01	15	31:57	144	31:57	71.02	8:48:52	7:26	13	3:21:16	146	3:21:16
VP13 - Revierförs	6.21	1:01:58	9:58	25	33:08	232	33:08	77.23	9:50:50	7:39	14	3:54:24	157	3:54:24
VP14 - Brauhaus	6.00	55:22	9:13	21	26:49	202	26:49	83.23	10:46:12	7:45	16	4:21:13	166	4:21:13
VP15 - Gedenkst.	6.90	1:00:37	8:47	18	27:42	180	27:42	90.13	11:46:49	7:50	16	4:48:55	166	4:48:55
VP16 - Königswe	6.87	1:16:43	11:10	22	41:58	200	41:58	97.00	13:03:32	8:04	16	5:30:53	168	5:30:53
VP17 - Sportplatz	6.20	1:07:32	10:53	13	33:47	120	33:47	103.20	14:11:04	8:14	17	6:04:40	165	6:04:40
VP18 - Osdorfer	6.50	1:05:07	10:01	19	28:23	158	30:40	109.70	15:16:11	8:21	17	6:33:03	166	6:33:03
VP19 - Lichtenra	5.70	1:09:44	12:14	22	33:47	193	35:34	115.40	16:25:55	8:32	18	7:06:50	165	7:06:50
VP20 - Kirchhain	4.37	51:39	11:49	22	32:49	201	32:49	119.77	17:17:34	8:39	18	7:39:39	172	7:39:39
VP21 - Buckow	6.43	1:09:23	10:47	19	35:47	169	35:47	126.20	18:26:57	8:46	18	8:15:26	170	8:15:26
VP22 - Rudow	4.90	47:59	9:47	14	22:00	127	22:00	131.10	19:14:56	8:48	18	8:37:26	170	8:37:26
VP23 - Johannistl	5.90	1:07:55	11:30	21	36:20	163	36:20	137.00	20:22:51	8:55	18	9:13:46	169	9:13:46
VP24 - Dammwe	5.70	1:08:50	12:04	21	37:10	178	37:39	142.70	21:31:41	9:03	18	9:50:56	164	9:50:56
VP25 - East Side	5.80	1:11:10	12:16	18	31:42	138	34:13	148.50	22:42:51	9:10	18	10:22:38	161	10:22:38
VP26 - Checkpoir	5.28	43:09	8:10	18	19:06	122	21:36	153.78	23:26:00	9:08	18	10:41:44	160	10:41:44
VP27 - Gedenkst.	3.32	46:42	14:03	17	19:55	120	22:05	157.10	24:12:42	9:14	18	11:01:39	160	11:01:39
Friedrich-Ludwig	4.60	38:07	8:17	4	9:14	60	13:55	161.70	24:50:49	9:13	18	11:10:53	158	11:10:53