



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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HINDBERG, Morten

□□□: 27:13:18

□□: (ohne)

□□: 5.91 km/h

□□: 25

□□□□: 10:06 min/km

□□: 161.70 km

□□□□□/□□□□: 294 (of 459)

100MeilenBerlin

□□□□□/□: 180 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 57(of 85)

Senioren M45 (45-49 Jahre)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	43:14	6:13	38	9:50	108	12:13	6.94	43:14	6:13	38	9:50	108	12:13
VP2 - Laufftreff Li	5.69	37:37	6:36	44	10:22	132	13:32	12.63	1:20:51	6:24	39	20:12	114	25:45
VP3 - Oranienbur	5.74	35:24	6:10	42	9:35	123	11:18	18.37	1:56:15	6:19	42	29:47	121	37:03
VP4 - Naturschut	4.70	31:52	6:46	29	6:45	91	9:26	23.07	2:28:07	6:25	35	36:32	103	46:29
VP5 - Frohnau	6.80	43:45	6:26	45	10:31	123	14:50	29.87	3:11:52	6:25	37	46:04	109	1:01:19
VP6 - Ruderclub	4.06	32:12	7:55	45	10:43	142	14:05	33.93	3:44:04	6:36	39	56:47	118	1:15:21
VP7 - Grenzturm	4.75	33:12	6:59	47	9:08	137	11:29	38.68	4:17:16	6:39	39	1:05:55	114	1:26:50
VP8 - Schönwald	7.52	54:23	7:13	55	14:56	172	18:33	46.20	5:11:39	6:44	45	1:19:59	128	1:44:59
VP9 - Falkenseer	5.76	46:23	8:03	48	13:59	146	18:03	51.96	5:58:02	6:53	47	1:33:53	135	2:02:34
VP10 - Karolinenl	6.54	50:56	7:47	44	15:52	138	18:44	58.50	6:48:58	6:59	46	1:48:48	135	2:21:18
VP11 - Pagel & Fi	4.90	42:06	8:35	56	14:12	174	19:03	63.40	7:31:04	7:06	48	2:03:00	139	2:40:21
VP12 - Schloss Si	7.62	1:16:44	10:04	64	33:13	195	39:51	71.02	8:47:48	7:25	50	2:32:48	143	3:20:12
VP13 - Revierförs	6.21	51:37	8:18	49	15:52	149	22:47	77.23	9:39:25	7:30	50	2:46:25	145	3:42:59
VP14 - Brauhaus	6.00	53:23	8:53	64	20:22	188	24:50	83.23	10:32:48	7:36	51	3:05:43	149	4:07:49
VP15 - Gedenkst.	6.90	1:00:58	8:50	64	21:24	182	28:03	90.13	11:33:46	7:41	52	3:26:37	151	4:35:52
VP16 - Königswe	6.87	1:15:56	11:03	65	34:17	197	41:11	97.00	12:49:42	7:56	56	3:57:12	165	5:17:03
VP17 - Sportplatz	6.20	1:08:22	11:01	37	30:35	125	34:37	103.20	13:58:04	8:07	50	4:22:55	154	5:51:40
VP18 - Osdorfer	6.50	1:12:57	11:13	58	35:08	191	38:30	109.70	15:11:01	8:18	52	4:52:57	161	6:27:53
VP19 - Lichtenrav	5.70	1:12:57	12:47	64	35:03	207	38:47	115.40	16:23:58	8:31	54	5:22:51	164	7:04:53
VP20 - Kirchhain	4.37	1:01:13	14:00	65	39:22	225	42:23	119.77	17:25:11	8:43	56	6:01:04	174	7:47:16
VP21 - Buckow	6.43	1:20:01	12:26	62	44:57	200	46:25	126.20	18:45:12	8:54	57	6:43:25	175	8:33:41
VP22 - Rudow	4.90	56:33	11:32	54	26:20	165	30:34	131.10	19:41:45	9:00	58	7:09:45	176	9:04:15
VP23 - Johannistl	5.90	1:23:42	14:11	58	48:40	201	52:07	137.00	21:05:27	9:14	56	7:58:25	173	9:56:22
VP24 - Dammwe	5.70	1:26:02	15:05	60	51:46	213	54:51	142.70	22:31:29	9:28	55	8:50:11	173	10:50:44
VP25 - East Side	5.80	1:34:20	16:15	57	53:49	210	57:23	148.50	24:05:49	9:44	57	9:44:00	178	11:45:36
VP26 - Checkpoir	5.28	1:00:59	11:32	61	35:56	209	39:26	153.78	25:06:48	9:47	57	10:19:56	178	12:22:32
VP27 - Gedenkst.	3.32	1:06:46	20:06	59	39:18	210	42:09	157.10	26:13:34	10:00	57	10:55:13	178	13:02:31
Friedrich-Ludwig	4.60	59:44	12:59	56	30:15	192	35:32	161.70	27:13:18	10:06	57	11:25:24	180	13:33:22