



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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JUE, Adrian

□□□: 28:46:30

□□: (ohne)

□□: 5.60 km/h

□□: 66

□□□□: 10:40 min/km

□□: 161.70 km

□□□□□/□□□: 325 (of 459)

100MeilenBerlin

□□□□□/□: 203 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 21(of 31)

Senioren M35 (35-39 Jahre)

□□□□□□□: 14:42:13

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	47:31	6:50	18	15:40	165	16:30	6.94	47:31	6:50	18	15:40	165	16:30	
VP2 - Laufftreff Li	5.69	40:58	7:11	22	14:55	194	16:53	12.63	1:28:29	7:00	19	29:21	179	33:23	
VP3 - Oranienbur	5.74	42:08	7:20	25	16:44	232	18:02	18.37	2:10:37	7:06	21	45:30	200	51:25	
VP4 - Naturschut	4.70	41:32	8:50	26	18:13	246	19:06	23.07	2:52:09	7:27	24	1:03:43	218	1:10:31	
VP5 - Frohnau	6.80	55:26	8:09	26	26:28	253	26:31	29.87	3:47:35	7:37	24	1:30:11	231	1:37:02	
VP6 - Ruderclub	4.06	38:57	9:35	25	20:50	220	20:50	33.93	4:26:32	7:51	24	1:51:01	228	1:57:49	
VP7 - Grenzturm	4.75	46:00	9:41	28	23:31	263	24:17	38.68	5:12:32	8:04	24	2:14:32	243	2:22:06	
VP8 - Schönwald	7.52	1:06:32	8:50	25	30:42	249	30:42	46.20	6:19:04	8:12	25	2:45:14	247	2:52:24	
VP9 - Falkenseer	5.76	58:11	10:06	24	29:51	245	29:51	51.96	7:17:15	8:24	25	3:15:05	246	3:21:47	
VP10 - Karolinenl	6.54	1:06:04	10:06	25	33:20	245	33:52	58.50	8:23:19	8:36	25	3:48:22	246	3:55:39	
VP11 - Pagel & Fi	4.90	47:42	9:44	23	22:38	218	24:39	63.40	9:11:01	8:41	25	4:10:29	244	4:20:18	
VP12 - Schloss S	7.62	1:23:32	10:57	22	43:44	222	46:39	71.02	10:34:33	8:56	24	4:48:31	241	5:06:57	
VP13 - Revierförs	6.21	58:12	9:22	22	25:43	207	29:22	77.23	11:32:45	8:58	24	5:14:14	239	5:36:19	
VP14 - Brauhaus	6.00	58:48	9:47	23	29:09	227	30:15	83.23	12:31:33	9:01	24	5:41:40	236	6:06:34	
VP15 - Gedenkst.	6.90	1:09:39	10:05	25	34:26	228	36:44	90.13	13:41:12	9:06	24	6:13:56	233	6:43:18	
VP16 - Königswe	6.87	1:19:27	11:33	23	39:08	210	44:42	97.00	15:00:39	9:17	24	6:46:30	231	7:28:00	
VP17 - Sportplatz	6.20	1:34:49	15:17	24	58:19	202	1:01:04	103.20	16:35:28	9:38	23	7:43:49	227	8:29:04	
VP18 - Osdorfer	6.50	1:09:46	10:43	20	35:19	175	35:19	109.70	17:45:14	9:42	22	8:15:32	221	9:02:06	
VP19 - Lichtenra	5.70	1:10:09	12:18	23	35:59	195	35:59	115.40	18:55:23	9:50	22	8:42:16	216	9:36:18	
VP20 - Kirchhain	4.37	49:24	11:18	23	26:42	191	30:34	119.77	19:44:47	9:53	22	9:07:35	213	10:06:52	
VP21 - Buckow	6.43	1:18:49	12:15	23	43:39	195	45:13	126.20	21:03:36	10:00	22	9:46:37	209	10:52:05	
VP22 - Rudow	4.90	1:15:32	15:24	23	48:33	216	49:33	131.10	22:19:08	10:12	22	10:31:09	210	11:41:38	
VP23 - Johannistl	5.90	1:14:10	12:34	18	42:05	181	42:35	137.00	23:33:18	10:18	21	11:13:14	206	12:24:13	
VP24 - Dammwe	5.70	1:09:08	12:07	20	37:57	179	37:57	142.70	24:42:26	10:23	21	11:51:11	204	13:01:41	
VP25 - East Side	5.80	1:14:26	12:50	18	35:35	163	37:29	148.50	25:56:52	10:29	21	12:26:46	203	13:36:39	
VP26 - Checkpoir	5.28	49:17	9:20	20	27:08	170	27:44	153.78	26:46:09	10:26	21	12:53:54	201	14:01:53	
VP27 - Gedenkst.	3.32	1:00:28	18:12	21	35:51	200	35:51	157.10	27:46:37	10:36	21	13:29:45	202	14:35:34	
Friedrich-Ludwig	4.60	59:53	13:01	22	34:32	193	35:41	161.70	28:46:30	10:40	21	14:04:17	203	15:06:34	