



Kornešu STIRNU BUKS

Korneši / 01.07.2017

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Seņko, Igors

□□: Liepājas Vieglatlētikas klubs

□□: 6183

□□: 35.00 km

Lusis

□□□□:

VL2

□□□: 4:16:04

□□: 8.20 km/h

□□□□□/□□□: 148 (of 204)

□□□□□/□: 125 (of 155)

□□□□□□: 2:24:47

□□□□□: 70(of 86)

□□□□□□□: 2:27:55

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	32:04	-	49	9:50	86	9:50	-	32:04	-	49	9:50	86	9:50
102	-	47:54	-	63	16:58	111	16:58	-	1:19:58	-	57	26:39	101	26:39
103	-	36:56	-	82	20:40	150	20:40	-	1:56:54	-	70	47:19	126	47:19
104	-	32:06	-	80	16:03	143	16:03	-	2:29:00	-	74	1:03:22	133	1:03:22
105	-	1:02:40	-	65	25:44	115	25:44	-	3:31:40	-	72	1:29:06	128	1:29:06
Sprint Start	-	22:56	-	51	9:22	95	11:45	-	3:54:36	-	69	1:38:28	123	1:47:28
Sprint Finish	-	1:55	-	35	0:52	51	0:52	-	3:56:31	-	68	1:39:20	122	1:46:52
Finish	-	19:33	-	64	8:49	116	8:49	35.00	4:16:04	-	70	1:48:09	125	1:51:17