



Kornetu STIRNU BUKS

Korneti / 01.07.2017

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Kravis, Kārlis

□□: Crossfit Rīdzene 2

□□: 5353

□□: 25.00 km

Stirnu buks

□□□□:

VB2

□□□: 3:00:50

□□: 8.29 km/h

□□□□□/□□□: 228 (of 413)

□□□□□/□: 182 (of 252)

□□□□□□: 1:41:34

□□□□□: 99(of 138)

□□□□□□□: 1:47:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	37:36	-	103	15:15	197	16:41	-	37:36	-	103	15:15	197	16:41
102	-	53:18	-	106	21:19	199	21:20	-	1:30:54	-	107	36:34	201	38:01
103	-	29:18	-	91	11:53	169	13:42	-	2:00:12	-	103	48:27	194	51:43
104	-	29:26	-	100	13:35	185	14:36	-	2:29:38	-	99	1:02:02	187	1:06:19
Sprint Start	-	11:28	-	89	4:55	167	4:55	-	2:41:06	-	99	1:06:57	186	1:10:58
Sprint Finish	-	2:11	-	62	1:10	113	1:14	-	2:43:17	-	99	1:07:19	186	1:12:12
Finish	-	17:33	-	65	6:41	124	7:04	25.00	3:00:50	-	99	1:12:54	182	1:19:16