



Kernetu STIRNU BUKS

Korneti / 01.07.2017

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Trencis, Rolands

□□□: 2:20:44

□□: Crossfit Rīdzene / Ezerkauliņi / VSK Noskrien

□□: 10.66 km/h

□□: 5358

□□: 25.00 km

□□□□□/□□□: 51 (of 413)

Stirnu buks

□□□□□/□: 44 (of 252)

□□□□□□: 1:41:34

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□□□□□: 23(of 138)

VB2

□□□□□□□: 1:47:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	29:30	-	37	7:09	67	8:35	-	29:30	-	37	7:09	67	8:35
102	-	40:33	-	21	8:34	40	8:35	-	1:10:03	-	27	15:43	52	17:10
103	-	23:33	-	27	6:08	47	7:57	-	1:33:36	-	24	21:51	47	25:07
104	-	21:51	-	21	6:00	36	7:01	-	1:55:27	-	23	27:51	45	32:08
Sprint Start	-	8:25	-	11	1:52	21	1:52	-	2:03:52	-	23	29:43	44	33:44
Sprint Finish	-	2:14	-	67	1:13	120	1:17	-	2:06:06	-	23	30:08	44	35:01
Finish	-	14:38	-	29	3:46	48	4:09	25.00	2:20:44	-	23	32:48	44	39:10