



Kornetu STIRNU BUKS

Korneti / 01.07.2017

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Trencis, Rolands

□□□: 2:20:44

□□: Crossfit Rīdzene / Ezerkauliņi / VSK Noskrien

□□: 10.66 km/h

□□: 5358

□□: 25.00 km

□□□□□/□□□: 51 (of 413)

Stirnu buks

□□□□□/□: 44 (of 252)

□□□□□□: 1:41:34

□□□□:

□□□□□: 23(of 138)

VB2

□□□□□□□: 1:47:56

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 101 | - | 29:30 | - | 37 | 7:09 | 67 | 8:35 | - | 29:30 | - | 37 | 7:09 | 67 | 8:35 |
| 102 | - | 40:33 | - | 21 | 8:34 | 40 | 8:35 | - | 1:10:03 | - | 27 | 15:43 | 52 | 17:10 |
| 103 | - | 23:33 | - | 27 | 6:08 | 47 | 7:57 | - | 1:33:36 | - | 24 | 21:51 | 47 | 25:07 |
| 104 | - | 21:51 | - | 21 | 6:00 | 36 | 7:01 | - | 1:55:27 | - | 23 | 27:51 | 45 | 32:08 |
| Sprint Start | - | 8:25 | - | 11 | 1:52 | 21 | 1:52 | - | 2:03:52 | - | 23 | 29:43 | 44 | 33:44 |
| Sprint Finish | - | 2:14 | - | 67 | 1:13 | 120 | 1:17 | - | 2:06:06 | - | 23 | 30:08 | 44 | 35:01 |
| Finish | - | 14:38 | - | 29 | 3:46 | 48 | 4:09 | 25.00 | 2:20:44 | - | 23 | 32:48 | 44 | 39:10 |