



Stirnu Buks I
Zilie kalni / 15.04.2017

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Šnepste, Jānis

□□: VSK Noskrien

□□: 6255

□□: 28.00 km

Lusis

□□□□:

VL3

□□□: 2:13:42

□□: 12.57 km/h

□□□□□/□□□: 39 (of 296)

□□□□□/□: 38 (of 231)

□□□□□□: 1:46:56

□□□□□: 10(of 76)

□□□□□□□: 2:02:11

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	45:06	-	7	3:51	36	8:26	-	45:06	-	7	3:51	36	8:26
102	-	20:17	-	14	2:12	52	4:12	-	1:05:23	-	8	6:03	45	29:09
103	-	8:02	-	14	0:36	44	1:39	-	1:13:25	-	10	6:22	47	25:13
104	-	22:15	-	15	2:03	48	5:13	-	1:35:40	-	10	8:03	46	19:30
105	-	15:51	-	11	1:09	39	3:30	-	1:51:31	-	10	8:41	44	23:00
Sprint Start	-	20:02	-	8	2:15	30	3:37	-	2:11:33	-	10	10:52	38	26:33
Sprint Finish	-	0:48	-	16	0:15	67	0:20	-	2:12:21	-	10	11:07	38	26:50
Ziel	-	1:21	-	20	0:24	79	0:24	28.00	2:13:42	-	10	11:31	38	26:46