



0000

Ščedrovs, Valentīns

00: Supercompensation

00: 6073

00: 28.00 km

Lusis

0000:

VL3

000: 2:21:31

00: 11.87 km/h

00000/000: 67 (of 296)

00000/0: 65 (of 231)

000000: 1:46:56

00000: 22(of 76)

0000000: 2:02:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
101	-	47:07	-	16	5:52	55	10:27	-	47:07	-	16	5:52	55	10:27
102	-	21:06	-	20	3:01	69	5:01	-	1:08:13	-	18	8:53	60	31:59
103	-	8:21	-	19	0:55	66	1:58	-	1:16:34	-	17	9:31	60	28:22
104	-	23:13	-	22	3:01	70	6:11	-	1:39:47	-	20	12:10	65	23:37
105	-	17:21	-	28	2:39	84	5:00	-	1:57:08	-	21	14:18	66	28:37
Sprint Start	-	22:15	-	27	4:28	81	5:50	-	2:19:23	-	21	18:42	65	34:23
Sprint Finish	-	0:45	-	10	0:12	51	0:17	-	2:20:08	-	21	18:54	63	34:37
Ziel	-	1:23	-	22	0:26	87	0:26	28.00	2:21:31	-	22	19:20	65	34:35