



Thüringen Pokal 2017 und TRL
Heyda / 09.09.2017

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Schumann, Matthias

□□: OLV Weimar

□□□: 37:26

□□□□: 8:54 min/km

□□: 4.20 km / 12 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 3(of 10)

□□□□□□□: 31:13

□□: 6:13

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	3:38	4	0:41	23.2	3:38	4	0:41	23.2
2 (38)	2:17	4	0:23	20.2	5:55	4	0:52	17.2
3 (37)	3:33	4	0:47	28.3	9:28	4	1:35	20.1
4 (36)	3:14	5	0:50	34.7	12:42	4	2:25	23.5
5 (35)	3:53	3	0:27	13.1	16:35	3	2:51	20.8
6 (50)	3:20	2	0:22	12.4	19:55	3	2:51	16.7
7 (51)	1:32	4	0:20	27.8	21:27	3	3:08	17.1
8 (34)	2:10	3	0:19	17.1	23:37	3	3:27	17.1
9 (33)	1:10	2	0:17	32.1	24:47	3	3:44	17.7
10 (52)	3:05	5	0:47	34.1	27:52	3	4:21	18.5
11 (40)	5:57	4	1:33	35.2	33:49	3	5:49	20.8
12 (99)	3:00	4	0:24	15.4	36:49	3	6:13	20.3
□□	0:37	4	0:03	8.8	37:26	3	6:13	19.9