



22. Weinberg-OL
Wörrstadt / 25.06.2017

□□□□

Hervás Lucas, Jesús

□□: Gymnasion Offenbach

□□□: 1:34:25

□□□□: 9:19 min/km

□□: 10.13 km / 16 □□

□□□□:
MTBO

□□□□□: 4(of 6)

□□□□□□□: 1:06:29

□□: 27:56

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (102)	4:43	6	2:54	159.6	4:43	6	2:54	159.6
2 (130)	5:46	4	2:02	54.5	10:29	5	4:56	88.9
3 (119)	4:37	5	2:08	85.9	15:06	5	7:04	88.0
4 (135)	9:35	4	3:20	53.3	24:41	5	10:24	72.8
5 (113)	3:12	3	0:43	28.9	27:53	4	10:25	59.6
6 (115)	2:50	3	0:53	45.3	30:43	4	11:18	58.2
7 (140)	10:00	4	2:56	41.5	40:43	4	14:14	53.7
8 (127)	5:44	2	1:19	29.8	46:27	4	15:33	50.3
9 (126)	4:10	4	1:06	35.9	50:37	4	16:06	46.6
10 (122)	1:48	3	0:12	12.5	52:25	4	16:18	45.1
11 (121)	3:27	5	1:49	111.2	55:52	4	18:07	48.0
12 (139)	7:44	3	2:07	37.7	1:03:36	4	19:20	43.7
13 (137)	6:35	3	1:59	43.1	1:10:11	4	20:54	42.4
14 (123)	9:37	3	2:15	30.5	1:19:48	4	23:09	40.9
15 (109)	11:02	5	4:11	61.1	1:30:50	4	26:38	41.5
16 (100)	3:01	4	1:10	63.1	1:33:51	4	27:48	42.1
□□	0:34	5	0:10	41.7	1:34:25	4	27:56	42.0