



22. Weinberg-OL  
Wörrstadt / 25.06.2017

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Horst, Ingo

□□: SC Königstein

□□□: 1:02:34

□□□□: 6:55 min/km

□□: 9.04 km / 18 □□

□□□□:

Herren 19-

□□□□□: 1(of 6)

□□□□□□□: 1:02:34

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	□□	-	-	%	□□	-	-	%
1 (138)	5:08	1	-	-	5:08	1	-	-
2 (130)	3:03	1	-	-	8:11	1	-	-
3 (132)	7:14	1	-	-	15:25	1	-	-
4 (131)	2:59	1	-	-	18:24	1	-	-
5 (129)	3:10	3	0:19	11.1	21:34	1	-	-
6 (128)	1:34	2	0:01	1.1	23:08	1	-	-
7 (137)	5:13	1	-	-	28:21	1	-	-
8 (139)	4:31	1	-	-	32:52	1	-	-
9 (127)	5:42	4	1:13	27.1	38:34	1	-	-
10 (122)	2:52	1	-	-	41:26	1	-	-
11 (126)	2:12	3	0:20	17.9	43:38	1	-	-
12 (135)	4:49	1	-	-	48:27	1	-	-
13 (106)	3:23	2	0:02	1.0	51:50	1	-	-
14 (114)	3:36	2	0:04	1.9	55:26	1	-	-
15 (136)	0:52	2	0:01	2.0	56:18	1	-	-
16 (117)	2:40	4	0:36	29.0	58:58	1	-	-
17 (118)	1:29	1	-	-	1:00:27	1	-	-
18 (100)	1:42	3	0:15	17.2	1:02:09	1	-	-
□□	0:25	2	0:03	13.6	1:02:34	1	-	-