



22. Weinberg-OL
Wörrstadt / 25.06.2017

□□□□

Saß, Jörn

□□: OLF Mainz

□□□: 1:08:36

□□□□: 7:35 min/km

□□: 9.04 km / 18 □□

□□□□:

Herren 19-

□□□□□: 3(of 6)

□□□□□□□: 1:02:34

□□: 6:02

□□□□

| □□ | □□ □□ | □□ - | □□ - | □□ % | □□□ □□ | □□ - | □□ - | □□ % |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (138) | 5:32 | 3 | 0:24 | 7.8 | 5:32 | 3 | 0:24 | 7.8 |
| 2 (130) | 3:27 | 2 | 0:24 | 13.1 | 8:59 | 3 | 0:48 | 9.8 |
| 3 (132) | 9:36 | 3 | 2:22 | 32.7 | 18:35 | 3 | 3:10 | 20.5 |
| 4 (131) | 3:08 | 2 | 0:09 | 5.0 | 21:43 | 3 | 3:19 | 18.0 |
| 5 (129) | 3:05 | 2 | 0:14 | 8.2 | 24:48 | 3 | 3:14 | 15.0 |
| 6 (128) | 1:48 | 3 | 0:15 | 16.1 | 26:36 | 3 | 3:28 | 15.0 |
| 7 (137) | 6:17 | 3 | 1:04 | 20.5 | 32:53 | 3 | 4:32 | 16.0 |
| 8 (139) | 6:23 | 5 | 1:52 | 41.3 | 39:16 | 3 | 6:24 | 19.5 |
| 9 (127) | 4:30 | 2 | 0:01 | 0.4 | 43:46 | 3 | 5:12 | 13.5 |
| 10 (122) | 3:52 | 4 | 1:00 | 34.9 | 47:38 | 3 | 6:12 | 15.0 |
| 11 (126) | 1:52 | 1 | - | - | 49:30 | 3 | 5:52 | 13.5 |
| 12 (135) | 5:24 | 3 | 0:35 | 12.1 | 54:54 | 3 | 6:27 | 13.3 |
| 13 (106) | 3:38 | 3 | 0:17 | 8.5 | 58:32 | 3 | 6:42 | 12.9 |
| 14 (114) | 3:32 | 1 | - | - | 1:02:04 | 3 | 6:38 | 12.0 |
| 15 (136) | 0:51 | 1 | - | - | 1:02:55 | 3 | 6:37 | 11.8 |
| 16 (117) | 2:15 | 2 | 0:11 | 8.9 | 1:05:10 | 3 | 6:12 | 10.5 |
| 17 (118) | 1:37 | 3 | 0:08 | 9.0 | 1:06:47 | 3 | 6:20 | 10.5 |
| 18 (100) | 1:27 | 1 | - | - | 1:08:14 | 3 | 6:05 | 9.8 |
| □□ | 0:22 | 1 | - | - | 1:08:36 | 3 | 6:02 | 9.6 |