



22. Weinberg-OL
Wörrstadt / 25.06.2017

□□□□

Steinmaier, Ulf

□□: (ohne Verein)

□□□: 1:22:18

□□□□: 12:44 min/km

□□: 6.46 km / 15 □□

□□□□:

Herren 50-

□□□□□: 7(of 7)

□□□□□□□: 58:29

□□: 23:49

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	5:20	7	1:05	25.5	5:20	7	1:05	25.5
2 (134)	7:38	7	3:00	64.8	12:58	7	4:05	46.0
3 (125)	4:21	3	0:49	23.1	17:19	7	4:54	39.5
4 (126)	2:06	5	0:19	17.8	19:25	7	3:39	23.2
5 (122)	2:43	4	0:51	45.5	22:08	5	3:50	21.0
6 (123)	3:09	5	0:47	33.1	25:17	5	4:04	19.2
7 (131)	4:16	7	1:33	57.1	29:33	7	5:37	23.5
8 (127)	4:06	6	1:11	40.6	33:39	7	5:43	20.5
9 (137)	8:03	7	3:26	74.4	41:42	7	8:32	25.7
10 (128)	8:47	5	1:31	20.9	50:29	7	9:20	22.7
11 (129)	4:06	7	2:03	100.0	54:35	7	11:23	26.4
12 (132)	3:45	3	0:45	25.0	58:20	7	10:47	22.7
13 (135)	14:42	7	12:06	465.4	1:13:02	7	22:53	45.6
14 (136)	4:37	3	0:48	21.0	1:17:39	7	22:48	41.6
15 (100)	4:07	7	1:44	72.7	1:21:46	7	23:43	40.9
□□	0:32	5	0:06	23.1	1:22:18	7	23:49	40.7