



22. Weinberg-OL  
Wörrstadt / 25.06.2017

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Holtermann, Birger

□□: Gymnasion Offenbach

□□□: 53:25

□□□□: 12:08 min/km

□□: 4.40 km / 12 □□

□□□□:

Herren 55-

□□□□□: 6(of 7)

□□□□□□□: 37:36

□□: 15:49

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (111)	2:32	6	0:52	52.0	2:32	6	0:52	52.0
2 (133)	4:29	6	1:05	31.9	7:01	6	1:39	30.8
3 (134)	4:48	4	1:09	31.5	11:49	6	2:48	31.1
4 (125)	5:32	6	1:08	25.8	17:21	6	3:56	29.3
5 (122)	5:12	6	1:50	54.5	22:33	5	5:46	34.4
6 (131)	4:03	7	1:26	54.8	26:36	6	7:12	37.1
7 (123)	4:47	7	1:19	38.0	31:23	6	8:31	37.2
8 (124)	4:13	6	1:28	53.3	35:36	6	9:24	35.9
9 (135)	2:43	5	0:37	29.4	38:19	6	10:01	35.4
10 (136)	5:53	5	1:35	36.8	44:12	6	11:36	35.6
11 (118)	4:31	5	1:57	76.0	48:43	6	13:33	38.5
12 (100)	4:01	7	2:01	100.8	52:44	6	15:34	41.9
□□	0:41	7	0:19	86.4	53:25	6	15:49	42.1