



22. Weinberg-OL  
Wörrstadt / 25.06.2017

□□□□

Bernhardt, Arno

□□: ASC Breidenbach

□□□: 39:39

□□□□: 12:40 min/km

□□: 3.13 km / 11 □□

□□□□:

Herren 65-

□□□□□: 5(of 8)

□□□□□□□: 31:04

□□: 8:35

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	□□	-	-	%	□□	-	-	%
1 (101)	2:21	5	0:23	19.5	2:21	5	0:23	19.5
2 (105)	1:28	5	0:19	27.5	3:49	5	0:38	19.9
3 (103)	1:38	5	0:32	48.5	5:27	5	1:10	27.2
4 (104)	1:44	4	0:21	25.3	7:11	5	1:31	26.8
5 (124)	7:18	8	2:57	67.8	14:29	5	4:28	44.6
6 (132)	4:14	5	1:23	48.5	18:43	5	5:51	45.5
7 (135)	3:40	3	0:18	8.9	22:23	5	4:38	26.1
8 (136)	6:29	5	1:40	34.6	28:52	5	6:08	27.0
9 (117)	4:35	6	1:43	59.9	33:27	5	7:36	29.4
10 (118)	2:44	4	0:31	23.3	36:11	5	8:07	28.9
11 (100)	2:55	5	0:37	26.8	39:06	5	8:35	28.1
□□	0:33	3	0:06	22.2	39:39	5	8:35	27.6