



# LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

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## Plaudis, Mārtiņš

□□: SK Dzērvene

□□: 393

□□: 18.80 km

SALOMON

□□□□:

V1-Sporta distance

□□□: 1:36:56

□□: 11.14 km/h

□□□□□/□□□: 41 (of 160)

□□□□□/□: 36 (of 119)

□□□□□□: 1:11:09

□□□□□: 11(of 30)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	5:59	-	18	2:20	69	2:20	-	5:59	-	18	2:20	69	2:20
32	-	1:53	-	15	0:39	50	0:40	-	7:52	-	18	2:59	64	2:59
33	-	7:19	-	16	2:08	50	2:08	-	15:11	-	18	5:03	55	5:03
34	-	27:30	-	12	6:49	38	6:49	-	42:41	-	15	11:51	44	11:51
35	-	6:21	-	12	1:44	31	1:44	-	49:02	-	15	13:35	43	13:35
31	-	5:00	-	14	1:32	45	1:32	-	54:02	-	15	15:07	43	15:07
32	-	2:05	-	14	0:53	50	0:53	-	56:07	-	14	16:00	42	16:00
33	-	7:00	-	10	1:42	35	1:42	-	1:03:07	-	13	17:42	40	17:42
34	-	27:35	-	9	6:48	32	6:48	-	1:30:42	-	12	24:26	38	24:26
Finish	-	6:14	-	11	1:25	36	1:25	18.80	1:36:56	-	11	25:47	36	25:47