



LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

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Zalsters, Magnus

□□: Coca-cola

□□: 416

□□: 18.80 km

SALOMON

□□□□:

V2-Sporta distance

□□□: 1:59:09

□□: 9.06 km/h

□□□□□/□□□: 124 (of 160)

□□□□□/□: 103 (of 119)

□□□□□□: 1:11:09

□□□□□: 53(of 56)

□□□□□□□: 1:13:42

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	7:40	-	56	3:53	118	4:01	-	7:40	-	56	3:53	118	4:01
32	-	2:23	-	51	1:10	103	1:10	-	10:03	-	56	5:01	118	5:10
33	-	8:33	-	53	3:09	108	3:22	-	18:36	-	55	8:06	115	8:28
34	-	34:02	-	54	12:42	106	13:21	-	52:38	-	54	20:43	110	21:48
35	-	8:26	-	49	3:34	94	3:49	-	1:01:04	-	54	24:17	107	25:37
31	-	6:17	-	52	2:40	103	2:49	-	1:07:21	-	54	26:57	107	28:26
32	-	2:49	-	52	1:32	110	1:37	-	1:10:10	-	54	28:29	107	30:03
33	-	8:25	-	49	2:55	96	3:07	-	1:18:35	-	54	31:24	106	33:10
34	-	33:29	-	48	11:57	91	12:42	-	1:52:04	-	54	43:21	104	45:48
Finish	-	7:05	-	38	2:06	76	2:16	18.80	1:59:09	-	53	45:27	103	48:00