



LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

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Mūrnieks, Arnis

□□□: 1:47:19

□□: 10.51 km/h

□□: 465

□□: 18.80 km

SALOMON

□□□□□/□□□: 77 (of 160)

□□□□□/□: 67 (of 119)

□□□□□□: 1:11:09

□□□□:

□□□□□: 13(of 33)

V3-Sporta distance

□□□□□□□: 1:30:00

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	5:58	-	16	1:33	68	2:19	-	5:58	-	16	1:33	68	2:19
32	-	1:55	-	7	0:17	52	0:42	-	7:53	-	15	1:50	65	3:00
33	-	7:47	-	18	1:09	72	2:36	-	15:40	-	17	2:59	68	5:32
34	-	30:49	-	13	4:45	67	10:08	-	46:29	-	14	7:20	66	15:39
35	-	7:24	-	15	1:26	69	2:47	-	53:53	-	14	8:46	66	18:26
31	-	5:25	-	15	0:53	66	1:57	-	59:18	-	14	9:39	66	20:23
32	-	1:54	-	4	0:12	35	0:42	-	1:01:12	-	14	9:51	66	21:05
33	-	7:49	-	13	1:08	65	2:31	-	1:09:01	-	13	10:59	65	23:36
34	-	31:10	-	15	5:10	69	10:23	-	1:40:11	-	13	16:09	67	33:55
Finish	-	7:08	-	20	1:21	79	2:19	18.80	1:47:19	-	13	17:19	67	36:10