



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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LIEBETRAU, Jens

□□□: 11:13:07

□□: Robert Bosch Eisenach

□□: 5.70 km/h

□□: 355

□□: 64.30 km

□□□□□/□□□: 7 (of 14)

SUPERMarathon

□□□□□/□: 6 (of 11)

□□□□□□: 9:15:06

□□□□:

□□□□□: 6(of 11)

Männer

□□□□□□□: 9:15:06

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Neue Ausspanne	17.30	2:36:12	6.53	8	17:06	8	17:06	17.30	2:36:12	6.53	12	17:06	12	17:06
Großer Inselsber	14.40	2:33:59	5.46	6	26:09	6	26:09	31.70	5:10:11	6.00	12	43:15	12	43:15
Dreiherrnstein	5.00	54:15	5.53	5	13:41	5	13:41	36.70	6:04:26	5.93	12	56:56	12	56:56
Hubertushaus	8.70	1:35:46	5.01	5	21:35	5	21:35	45.40	7:40:12	5.87	12	1:17:36	12	1:17:36
Hohe Sonne	4.70	48:04	4.99	6	8:51	6	8:51	50.10	8:28:16	5.90	12	1:26:27	12	1:26:27
Altenberger See	3.30	38:42	4.65	5	8:33	5	8:33	53.40	9:06:58	5.81	12	1:33:01	12	1:33:01
Möhra	6.90	1:24:52	4.24	7	19:59	7	19:59	60.30	10:31:50	5.70	12	1:50:52	12	1:50:52
□□	4.00	41:17	5.81	5	8:58	5	8:58	64.30	11:13:07	5.70	6	1:58:01	6	1:58:01