



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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WEYRICH, Gerd

□□□: 11:13:00

□□: Ruhla

□□: 5.71 km/h

□□: 367

□□: 64.30 km

□□□□□/□□□: 6 (of 14)

SUPERMarathon

□□□□□/□: 5 (of 11)

□□□□□□: 9:15:06

□□□□:

□□□□□: 5(of 11)

Männer

□□□□□□□: 9:15:06

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Neue Ausspanne	17.30	2:36:10	6.53	7	17:04	7	17:04	17.30	2:36:10	6.53	12	17:04	12	17:04
Großer Inselsber	14.40	2:32:18	5.52	5	24:28	5	24:28	31.70	5:08:28	6.03	12	41:32	12	41:32
Dreiherrnstein	5.00	55:52	5.37	7	15:18	7	15:18	36.70	6:04:20	5.93	12	56:50	12	56:50
Hubertushaus	8.70	1:35:46	5.01	5	21:35	5	21:35	45.40	7:40:06	5.87	12	1:17:30	12	1:17:30
Hohe Sonne	4.70	47:50	5.02	5	8:37	5	8:37	50.10	8:27:56	5.91	12	1:26:07	12	1:26:07
Altenberger See	3.30	39:01	4.61	6	8:52	6	8:52	53.40	9:06:57	5.81	12	1:33:00	12	1:33:00
Möhra	6.90	1:24:37	4.25	6	19:44	6	19:44	60.30	10:31:34	5.70	12	1:50:36	12	1:50:36
□□	4.00	41:26	5.79	6	9:07	6	9:07	64.30	11:13:00	5.71	5	1:57:54	5	1:57:54