



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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DUCHALE, Uwe

□□□: 11:52:23

□□: Rudolstadt

□□: 5.39 km/h

□□: 350

□□: 64.30 km

□□□□□/□□□: 9 (of 14)

SUPERMarathon

□□□□□/□: 8 (of 11)

□□□□:

□□□□□: 8(of 11)

Männer

□□□□□□: 9:15:06

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Neue Ausspanne	17.30	2:32:47	6.68	5	13:41	5	13:41	17.30	2:32:47	6.68	12	13:41	12	13:41
Großer Inselsber	14.40	2:37:30	5.33	8	29:40	8	29:40	31.70	5:10:17	5.99	12	43:21	12	43:21
Dreiherrnstein	5.00	1:03:02	4.76	9	22:28	9	22:28	36.70	6:13:19	5.79	12	1:05:49	12	1:05:49
Hubertushaus	8.70	1:37:37	4.92	7	23:26	7	23:26	45.40	7:50:56	5.73	12	1:28:20	12	1:28:20
Hohe Sonne	4.70	59:30	4.03	11	20:17	11	20:17	50.10	8:50:26	5.66	12	1:48:37	12	1:48:37
Altenberger See	3.30	49:10	3.66	9	19:01	9	19:01	53.40	9:39:36	5.49	12	2:05:39	12	2:05:39
Möhra	6.90	1:26:51	4.15	9	21:58	9	21:58	60.30	11:06:27	5.40	12	2:25:29	12	2:25:29
□□	4.00	45:56	5.22	9	13:37	9	13:37	64.30	11:52:23	5.39	8	2:37:17	8	2:37:17