



### 3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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**DUCHALE, Thomas**

□□□: 11:52:13

□□: Pößneck

□□: 5.39 km/h

□□: 351

□□: 64.30 km

□□□□□/□□□: 8 (of 14)

SUPERMarathon

□□□□□/□: 7 (of 11)

□□□□□□: 9:15:06

□□□□:

□□□□□: 7(of 11)

Männer

□□□□□□□: 9:15:06

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Neue Ausspanne	17.30	2:32:47	6.68	5	13:41	5	13:41	17.30	2:32:47	6.68	12	13:41	12	13:41
Großer Inselsber	14.40	2:35:56	5.39	7	28:06	7	28:06	31.70	5:08:43	6.02	12	41:47	12	41:47
Dreiherrnstein	5.00	1:04:25	4.66	10	23:51	10	23:51	36.70	6:13:08	5.79	12	1:05:38	12	1:05:38
Hubertushaus	8.70	1:37:47	4.91	8	23:36	8	23:36	45.40	7:50:55	5.73	12	1:28:19	12	1:28:19
Hohe Sonne	4.70	59:21	4.04	10	20:08	10	20:08	50.10	8:50:16	5.66	12	1:48:27	12	1:48:27
Altenberger See	3.30	49:20	3.65	10	19:11	10	19:11	53.40	9:39:36	5.49	12	2:05:39	12	2:05:39
Möhra	6.90	1:26:42	4.15	8	21:49	8	21:49	60.30	11:06:18	5.40	12	2:25:20	12	2:25:20
□□	4.00	45:55	5.23	8	13:36	8	13:36	64.30	11:52:13	5.39	7	2:37:07	7	2:37:07