



### 3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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PECH, Hans- Dieter

□□□: 12:24:37

□□: Alpinistas

□□: 5.16 km/h

□□: 357

□□: 64.30 km

□□□□□/□□□: 10 (of 14)

SUPERMarathon

□□□□□/□: 9 (of 11)

□□□□□□: 9:15:06

□□□□:

□□□□□: 9(of 11)

Männer

□□□□□□□: 9:15:06

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Neue Ausspanne	17.30	2:51:13	5.96	10	32:07	10	32:07	17.30	2:51:13	5.96	12	32:07	12	32:07
Großer Inselsber	14.40	3:01:57	4.62	10	54:07	10	54:07	31.70	5:53:10	5.27	12	1:26:14	12	1:26:14
Dreiherrnstein	5.00	56:03	5.35	8	15:29	8	15:29	36.70	6:49:13	5.28	12	1:41:43	12	1:41:43
Hubertushaus	8.70	1:42:45	4.67	10	28:34	10	28:34	45.40	8:31:58	5.27	12	2:09:22	12	2:09:22
Hohe Sonne	4.70	52:28	4.57	8	13:15	8	13:15	50.10	9:24:26	5.32	12	2:22:37	12	2:22:37
Altenberger See	3.30	42:35	4.23	7	12:26	7	12:26	53.40	10:07:01	5.24	12	2:33:04	12	2:33:04
Möhra	6.90	1:31:29	3.94	11	26:36	11	26:36	60.30	11:38:30	5.15	12	2:57:32	12	2:57:32
□□	4.00	46:07	5.20	10	13:48	10	13:48	64.30	12:24:37	5.16	9	3:09:31	9	3:09:31