



6. Erfurt Marathon

Erfurt / 24.08.2019

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Till, Judith

00: Laufgruppe Atemnot

00: 172

00: 23.50 km

Halbmarathon Nordic Walking

0000:

Frauen

000: 4:06:57

00: 5.59 km/h

00000/000: 15 (of 18)

00000/0: 12 (of 15)

000000: 3:19:41

00000: 12(of 15)

0000000: 3:19:41

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|-----------------|-------|---------|------|----|-------|----|-------|-------|---------|------|----|-------|----|-------|
| | km | 00 | km/h | - | - | 0 | 0 | km | 00 | km/h | - | - | 0 | 0 |
| Wechselstelle 2 | 11.00 | 2:03:40 | 5.34 | 10 | 28:19 | 10 | 28:19 | 11.00 | 2:03:40 | 5.34 | 10 | 28:19 | 10 | 28:19 |
| Nordpark Erfurt | 12.50 | 2:03:17 | 5.84 | 11 | 18:57 | 11 | 18:57 | 23.50 | 4:06:57 | 5.59 | 12 | 47:16 | 12 | 47:16 |