



6. Erfurt Marathon

Erfurt / 24.08.2019

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Rumpf versichert

□□□: 4:09:19

□□: 409

□□: 10.11 km/h

□□□□: 5:56 min/km

□□: 42.00 km

Erfurt Marathon 4er Staffel

□□□□□: 14 (of 23)

□□□□□□: 2:52:26

□□□□:

□□□□□: 8(of 12)

Mixstaffel

□□□□□□□: 3:34:03

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-----------------|----------|----------|--------------|---------|---------|-----------|-----------|-------|---------|------|---------|---------|-----------|-----------|
| Wechselstelle 1 | 9.50 | 24:19 | 2:33 | 1 | - | 1 | - | 9.50 | 24:19 | 2:33 | 1 | - | 1 | - |
| Wechselstelle 2 | 11.00 | 31:26 | 2:51 | 1 | - | 1 | - | 20.50 | 55:45 | 2:43 | 7 | 11:58 | 15 | 15:06 |
| Wechselstelle 3 | 10.50 | 1:19:56 | 7:36 | 8 | 21:44 | 18 | 36:55 | 31.00 | 2:15:41 | 4:22 | 10 | 27:32 | 20 | 50:08 |
| Ziel | 11.00 | 30:55 | 2:48 | 1 | - | 1 | - | 42.00 | 2:46:36 | 3:57 | 1 | - | 1 | - |
| Erfurt | - | 59:07 | - | 6 | 9:01 | 10 | 55:30 | 42.00 | 4:09:19 | - | 8 | 35:16 | 14 | 1:16:53 |