



5. Erfurter Campuslauf

Erfurt / 22.05.2019

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Kenias letzte Reserve

□□: Kenias letzte Reserve
 □□: 7

□□: 10.00 km
 Teamlauf

□□□□:
 Team Männer/Mix

□□□: 39:14

□□: 15.29 km/h
 □□□□: 3:55 min/km

□□□□□/□□□□: 13 (of 28)

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□□□□□□: 29:55

□□□□□: 11(of 23)

□□□□□□□: 29:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Runde	0.40	1:17	3:12	8	0:13	10	0:13	0.40	1:17	3:12	8	0:13	10	0:13
Runde	0.40	1:13	3:02	5	0:05	5	0:05	0.80	2:30	3:07	7	0:16	7	0:16
Runde	0.40	1:41	4:12	20	0:33	23	0:33	1.20	4:11	3:29	9	0:46	10	0:46
Runde	0.40	1:39	4:07	16	0:30	20	0:30	1.60	5:50	3:38	10	1:15	12	1:15
Runde	0.40	1:20	3:19	8	0:14	9	0:14	2.00	7:10	3:35	10	1:29	11	1:29
Runde	0.40	1:26	3:34	8	0:13	9	0:13	2.40	8:36	3:35	10	1:39	12	1:39
Runde	0.40	1:54	4:44	23	0:47	26	0:47	2.80	10:30	3:45	11	2:25	13	2:25
Runde	0.40	1:44	4:19	18	0:32	23	0:32	3.20	12:14	3:49	12	2:56	14	2:56
Runde	0.40	1:20	3:19	4	0:11	4	0:11	3.60	13:34	3:46	11	3:07	13	3:07
Runde	0.40	1:27	3:37	10	0:18	12	0:18	4.00	15:01	3:45	10	3:18	12	3:18
Runde	0.40	1:55	4:47	20	0:44	23	0:44	4.40	16:56	3:50	11	4:02	13	4:02
Runde	0.40	1:42	4:15	14	0:26	16	0:26	4.80	18:38	3:52	12	4:28	14	4:28
Runde	0.40	1:24	3:29	6	0:14	6	0:14	5.20	20:02	3:51	11	4:42	13	4:42
Runde	0.40	1:25	3:32	5	0:10	6	0:10	5.60	21:27	3:49	10	4:52	12	4:52
Runde	0.40	1:54	4:44	19	0:44	22	0:44	6.00	23:21	3:53	13	5:36	15	5:36
Runde	0.40	1:42	4:15	14	0:26	16	0:26	6.40	25:03	3:54	13	6:01	15	6:01
Runde	0.40	1:23	3:27	2	0:14	2	0:14	6.80	26:26	3:53	12	6:15	14	6:15
Runde	0.40	1:29	3:42	10	0:16	11	0:16	7.20	27:55	3:52	11	6:27	13	6:27
Runde	0.40	1:55	4:47	17	0:45	20	0:45	7.60	29:50	3:55	11	7:12	13	7:12
Runde	0.40	1:44	4:19	16	0:34	19	0:34	8.00	31:34	3:56	11	7:39	13	7:39
Runde	0.40	1:26	3:34	7	0:15	8	0:15	8.40	33:00	3:55	11	7:54	13	7:54
Runde	0.40	1:25	3:32	9	0:09	10	0:09	8.80	34:25	3:54	11	8:03	13	8:03
Runde	0.40	1:53	4:42	21	0:43	24	0:43	9.20	36:18	3:56	11	8:45	13	8:45
Runde	0.40	1:36	4:00	11	0:22	12	0:22	9.60	37:54	3:56	11	9:07	13	9:07
Ziel	0.40	1:20	3:19	6	0:12	7	0:12	10.00	39:14	3:55	11	9:19	13	9:19