



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

□□□□

Logistikkommando der BW Erfurt

□□□: 13:48:15

□□: 134

□□: 12.17 km/h

□□□□: 4:54 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 29 (of 225)

□□□□□□: 10:38:22

□□□□:

Männerstaffel

□□□□□: 23(of 147)

□□□□□□□: 10:38:22

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:07:50	4:30	25	15:53	32	15:53	15.02	1:07:50	4:30	25	15:53	32	15:53
Kleiner Inselsber	18.94	1:45:50	5:35	74	29:38	101	29:38	33.96	2:53:40	5:06	40	43:59	55	43:59
Neue Ausspanne	13.90	1:10:59	5:06	56	23:45	68	23:45	47.86	4:04:39	5:06	44	1:07:44	55	1:07:44
Grenzadler	13.68	1:08:23	4:59	38	15:20	44	15:20	61.54	5:13:02	5:05	31	1:23:04	41	1:23:04
Allzunah	19.96	1:33:44	4:41	40	19:43	49	21:17	81.50	6:46:46	4:59	30	1:38:38	38	1:38:38
Masserberg	17.89	1:13:14	4:05	7	7:23	11	10:17	99.39	8:00:00	4:49	24	1:44:00	29	1:44:00
Neuhaus	19.86	1:51:27	5:36	87	35:39	127	41:05	119.25	9:51:27	4:57	24	2:12:14	30	2:12:14
Schildwiese	13.54	1:02:35	4:37	27	20:57	30	20:57	132.79	10:54:02	4:55	22	2:25:55	28	2:25:55
Grumbach	18.58	1:31:58	4:56	53	26:44	71	26:44	151.37	12:26:00	4:55	25	2:52:25	32	2:52:25
Blankenstein	17.60	1:22:15	4:40	45	18:31	57	18:31	168.97	13:48:15	4:54	23	3:09:53	29	3:09:53