



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Zatopeks Erben

□□□: 13:57:56

□□: 118

□□: 12.03 km/h

□□□□: 4:58 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 36 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 28(of 147)

Männerstaffel

□□□□□□□: 10:38:22

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	15.02	1:14:41	4:58	59	22:44	84	22:44	15.02	1:14:41	4:58	59	22:44	84	22:44
Kleiner Inselsber	18.94	1:33:28	4:56	20	17:16	29	17:16	33.96	2:48:09	4:57	24	38:28	34	38:28
Neue Ausspanne	13.90	1:03:01	4:32	18	15:47	19	15:47	47.86	3:51:10	4:49	18	54:15	23	54:15
Grenzadler	13.68	1:04:17	4:41	25	11:14	27	11:14	61.54	4:55:27	4:48	20	1:05:29	24	1:05:29
Allzunah	19.96	1:36:43	4:50	55	22:42	69	24:16	81.50	6:32:10	4:48	22	1:24:02	26	1:24:02
Masserberg	17.89	1:30:50	5:04	43	24:59	55	27:53	99.39	8:03:00	4:51	25	1:47:00	30	1:47:00
Neuhaus	19.86	2:01:07	6:05	121	45:19	179	50:45	119.25	10:04:07	5:03	32	2:24:54	43	2:24:54
Schildwiese	13.54	1:15:14	5:33	94	33:36	122	33:36	132.79	11:19:21	5:06	34	2:51:14	45	2:51:14
Grumbach	18.58	1:16:39	4:07	9	11:25	13	11:25	151.37	12:36:00	4:59	30	3:02:25	39	3:02:25
Blankenstein	17.60	1:21:56	4:39	42	18:12	53	18:12	168.97	13:57:56	4:57	28	3:19:34	36	3:19:34