



13. thüringenULTRA
Fröttstädt / 06.07.2019

0000

Anger, Uwe

00: LebNatEne e.V.

00: 13

00: 100.22 km

100 Kilometer

0000:

Senioren M55 (55-59 Jahre)

000: 14:26:44

00: 6.94 km/h

0000: 8:39 min/km

00000/000: 154 (of 246)

00000/0: 134 (of 211)

000000: 8:32:51

00000: 28(of 45)

0000000: 10:21:20

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.39	2:52:51	6:18	4	20:45	44	31:05	27.39	2:52:51	6:18	4	20:45	44	31:05
Floh-Seligenthal	27.74	3:07:32	6:45	10	25:38	65	45:19	55.13	6:00:23	6:32	7	44:21	56	1:33:02
Finsterbergen	22.03	3:51:32	10:30	33	1:20:51	164	1:54:05	77.16	9:51:55	7:40	18	2:05:12	102	3:22:55
Fröttstädt	23.06	4:34:49	11:55	39	2:00:12	185	2:36:42	100.22	14:26:44	8:38	28	4:05:24	134	5:53:53