



50. Brockenlauf

Ilseburg / 04.09.2021

□□□□

Simonis, Svetlana

□□: Ekosem-Agrar

□□: 434

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:41:10

□□: 9.68 km/h

□□□□: 6:09 min/km

□□□□□/□□□: 235 (of 467)

□□□□□/□: 21 (of 80)

□□□□□□: 2:03:14

□□□□□: 4(of 14)

□□□□□□□: 2:24:33

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:09	5:48	2	0:10	16	4:14	3.30	19:09	5:48	15	0:10	81	4:14
Schlüsie	3.10	22:00	7:05	4	2:39	28	5:17	6.40	41:09	6:25	15	2:49	81	9:31
Hermannsklippe	2.60	19:53	7:38	5	3:27	31	5:09	9.00	1:01:02	6:46	15	6:16	81	14:40
Brocken	3.10	32:17	10:24	4	5:48	29	7:37	12.10	1:33:19	7:42	15	12:04	81	22:17
Eiserner Handwe	3.60	18:01	5:00	2	0:30	15	3:31	15.70	1:51:20	7:05	15	12:34	81	25:48
Schlüsie	4.10	18:13	4:26	3	1:08	22	4:17	19.80	2:09:33	6:32	15	13:42	81	30:05
Loddenke	3.10	15:03	4:51	3	1:22	24	3:39	22.90	2:24:36	6:18	14	15:04	80	33:44
Ilseburg/Markt	3.30	16:34	5:01	3	1:33	23	4:12	26.20	2:41:10	6:09	4	16:37	21	37:56