



50. Brockenlauf  
Ilsenburg / 04.09.2021

□□□□

Keule, Jens

□□: Ski Klub Wernigerode

□□: 223

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 2:48:16

□□: 9.27 km/h

□□□□: 6:25 min/km

□□□□□/□□□: 278 (of 467)

□□□□□/□: 250 (of 387)

□□□□□□: 1:40:22

□□□□□: 44(of 67)

□□□□□□□: 2:02:48

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:18	5:50	34	3:56	197	6:47	3.30	19:18	5:50	68	3:56	388	6:47
Schlüsie	3.10	22:27	7:14	45	6:33	267	9:23	6.40	41:45	6:31	68	10:17	388	16:09
Hermannsklippe	2.60	20:18	7:48	49	6:12	286	8:57	9.00	1:02:03	6:53	68	16:29	388	25:06
Brocken	3.10	32:58	10:38	47	10:53	275	15:11	12.10	1:35:01	7:51	68	27:22	388	40:17
Eiserner Handwe	3.60	19:39	5:27	37	5:04	208	7:19	15.70	1:54:40	7:18	68	31:34	388	47:35
Schlüsie	4.10	19:17	4:42	39	5:38	237	7:41	19.80	2:13:57	6:45	68	36:04	371	54:52
Loddenke	3.10	15:58	5:09	43	4:20	249	6:03	22.90	2:29:55	6:32	66	40:19	384	1:00:44
Ilsenburg/Markt	3.30	18:21	5:33	51	5:25	282	7:33	26.20	2:48:16	6:25	44	45:28	250	1:07:54