



50. Brockenlauf

Ilseburg / 04.09.2021

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Riediger, Anja

□□: Team Lotti
 □□: 556

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:41:40

□□: 9.65 km/h
 □□□□: 6:10 min/km

□□□□□/□□□: 242 (of 467)

□□□□□/□: 22 (of 80)

□□□□□□: 2:03:14

□□□□□: 2(of 7)

□□□□□□□: 2:33:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:50	6:00	3	1:48	27	4:55	3.30	19:50	6:00	8	1:48	81	4:55
Schlüsie	3.10	22:04	7:07	3	1:42	29	5:21	6.40	41:54	6:32	8	3:30	81	10:16
Hermannsklippe	2.60	19:32	7:30	4	1:22	27	4:48	9.00	1:01:26	6:49	8	4:52	81	15:04
Brocken	3.10	31:10	10:03	3	2:17	24	6:30	12.10	1:32:36	7:39	8	7:09	81	21:34
Eiserner Handwe	3.60	19:16	5:21	2	0:35	24	4:46	15.70	1:51:52	7:07	8	5:09	81	26:20
Schlüsie	4.10	18:14	4:26	2	0:56	23	4:18	19.80	2:10:06	6:34	8	6:05	81	30:38
Loddenke	3.10	14:56	4:49	3	0:59	23	3:32	22.90	2:25:02	6:20	8	7:04	80	34:10
Ilseburg/Markt	3.30	16:38	5:02	4	1:05	25	4:16	26.20	2:41:40	6:10	2	7:55	22	38:26