



50. Brockenlauf

Ilseburg / 04.09.2021

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Laursen, Kristine Holm

□□: Dänische Nationalmannschaft
 □□: 27

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Frauen (20-29 Jahre)

□□□: 2:17:04

□□: 11.38 km/h
 □□□□: 5:14 min/km

□□□□□/□□□□: 74 (of 467)

□□□□□/□: 5 (of 80)

□□□□□□: 2:03:14

□□□□□: 3(of 9)

□□□□□□□: 2:11:08

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 16:56 | 5:07 | 4 | 1:11 | 5 | 2:01 | 3.30 | 16:56 | 5:07 | 10 | 1:11 | 81 | 2:01 |
| Schlüsie | 3.10 | 18:59 | 6:07 | 5 | 1:50 | 7 | 2:16 | 6.40 | 35:55 | 5:36 | 10 | 3:01 | 81 | 4:17 |
| Hermannsklippe | 2.60 | 16:46 | 6:26 | 5 | 2:02 | 8 | 2:02 | 9.00 | 52:41 | 5:51 | 10 | 5:03 | 81 | 6:19 |
| Brocken | 3.10 | 27:16 | 8:47 | 3 | 1:58 | 6 | 2:36 | 12.10 | 1:19:57 | 6:36 | 10 | 7:01 | 81 | 8:55 |
| Eiserner Handwe | 3.60 | 15:58 | 4:26 | 2 | 0:37 | 4 | 1:28 | 15.70 | 1:35:55 | 6:06 | 10 | 6:29 | 81 | 10:23 |
| Schlüsie | 4.10 | 15:28 | 3:46 | 2 | 0:21 | 3 | 1:32 | 19.80 | 1:51:23 | 5:37 | 10 | 6:25 | 81 | 11:55 |
| Loddenke | 3.10 | 12:28 | 4:01 | 2 | 0:08 | 3 | 1:04 | 22.90 | 2:03:51 | 5:24 | 10 | 6:33 | 80 | 12:59 |
| Ilseburg/Markt | 3.30 | 13:13 | 4:00 | 1 | - | 2 | 0:51 | 26.20 | 2:17:04 | 5:13 | 3 | 5:56 | 5 | 13:50 |