



50. Brockenlauf

Ilseburg / 04.09.2021

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Meinberg, Anke

□□: Braunschweig

□□: 299

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W65 (65-69 Jahre)

□□□: 3:06:16

□□: 8.38 km/h

□□□□: 7:07 min/km

□□□□□/□□□: 379 (of 467)

□□□□□/□: 53 (of 80)

□□□□□□: 2:03:14

□□□□□: 1(of 2)

□□□□□□□: 3:06:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:57	7:15	2	0:42	72	9:02	3.30	23:57	7:15	3	0:42	81	9:02
Schlüsie	3.10	26:04	8:24	1	-	61	9:21	6.40	50:01	7:48	3	0:11	81	18:23
Hermannsklippe	2.60	22:53	8:48	1	-	57	8:09	9.00	1:12:54	8:06	1	-	81	26:32
Brocken	3.10	34:34	11:09	1	-	39	9:54	12.10	1:47:28	8:52	1	-	81	36:26
Eiserner Handwe	3.60	22:16	6:11	2	0:10	51	7:46	15.70	2:09:44	8:15	1	-	81	44:12
Schlüsie	4.10	19:44	4:48	1	-	37	5:48	19.80	2:29:28	7:32	1	-	81	50:00
Loddenke	3.10	17:10	5:32	1	-	45	5:46	22.90	2:46:38	7:16	1	-	80	55:46
Ilseburg/Markt	3.30	19:38	5:56	2	0:19	59	7:16	26.20	3:06:16	7:06	1	-	53	1:03:02