



50. Brockenlauf

Ilseburg / 04.09.2021

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Barchmann, Katja

□□: IVT Potsdam
 □□: 171

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 3:10:31

□□: 8.19 km/h
 □□□□: 7:16 min/km

□□□□□/□□□: 400 (of 467)

□□□□□/□: 59 (of 80)

□□□□□□: 2:03:14

□□□□□: 14(of 15)

□□□□□□□: 2:28:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:10	6:43	14	3:49	53	7:15	3.30	22:10	6:43	16	3:49	81	7:15
Schlüsie	3.10	24:33	7:55	14	4:59	54	7:50	6.40	46:43	7:17	16	8:48	81	15:05
Hermannsklippe	2.60	22:07	8:30	14	5:07	49	7:23	9.00	1:08:50	7:38	16	13:55	81	22:28
Brocken	3.10	33:49	10:54	11	4:11	36	9:09	12.10	1:42:39	8:29	16	17:57	81	31:37
Eiserner Handwe	3.60	26:55	7:28	14	9:56	74	12:25	15.70	2:09:34	8:15	16	27:53	81	44:02
Schlüsie	4.10	24:08	5:53	14	7:25	66	10:12	19.80	2:33:42	7:45	16	35:18	81	54:14
Loddenke	3.10	18:14	5:52	13	4:51	62	6:50	22.90	2:51:56	7:30	16	39:07	80	1:01:04
Ilseburg/Markt	3.30	18:35	5:37	11	3:55	43	6:13	26.20	3:10:31	7:16	14	42:25	59	1:07:17