



50. Brockenlauf
Ilseburg / 04.09.2021

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Mertens-Kociper, Verena

□□: Meckenheim
□□: 307

□□: 26.20 km
26,2 km - Lauf

□□□□:
Seniorinnen W40 (40-44 Jahre)

□□□: 3:12:57

□□: 8.08 km/h
□□□□: 7:22 min/km

□□□□□/□□□: 413 (of 467)

□□□□□/□: 62 (of 80)

□□□□□□: 2:03:14

□□□□□: 15(of 15)

□□□□□□□: 2:28:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:25	6:29	12	3:04	43	6:30	3.30	21:25	6:29	16	3:04	81	6:30
Schlüsie	3.10	23:30	7:34	12	3:56	41	6:47	6.40	44:55	7:01	16	7:00	81	13:17
Hermannsklippe	2.60	21:49	8:23	13	4:49	46	7:05	9.00	1:06:44	7:24	16	11:49	81	20:22
Brocken	3.10	35:32	11:27	15	5:54	48	10:52	12.10	1:42:16	8:27	16	17:34	81	31:14
Eiserner Handwe	3.60	27:49	7:43	15	10:50	76	13:19	15.70	2:10:05	8:17	16	28:24	81	44:33
Schlüsie	4.10	24:47	6:02	15	8:04	71	10:51	19.80	2:34:52	7:49	16	36:28	81	55:24
Loddenke	3.10	18:19	5:54	14	4:56	63	6:55	22.90	2:53:11	7:33	16	40:22	80	1:02:19
Ilseburg/Markt	3.30	19:46	5:59	14	5:06	61	7:24	26.20	3:12:57	7:21	15	44:51	62	1:09:43